

# white lake Supermarket

"the difference is our...meats"

## SHOPPING LIST



Did you remember  
your coupons?

Find hundreds of new coupons  
every month on our website.

<p><b>PRODUCE</b></p> <input type="checkbox"/> Apples <input type="checkbox"/> Asparagus <input type="checkbox"/> Bananas <input type="checkbox"/> Berries <input type="checkbox"/> Broccoli <input type="checkbox"/> Carrots <input type="checkbox"/> Cauliflower <input type="checkbox"/> Celery <input type="checkbox"/> Corn <input type="checkbox"/> Dips <input type="checkbox"/> Garlic <input type="checkbox"/> Grapes <input type="checkbox"/> Lemons / Limes <input type="checkbox"/> Lettuce / Cabbage <input type="checkbox"/> Melons <input type="checkbox"/> Mushrooms <input type="checkbox"/> Nuts <input type="checkbox"/> Onions <input type="checkbox"/> Oranges <input type="checkbox"/> Peppers <input type="checkbox"/> Potatoes <input type="checkbox"/> Salad Mix <input type="checkbox"/> Tomatoes <p><b>BREADS / BAKERY</b></p> <input type="checkbox"/> Bagels <input type="checkbox"/> Bread / Buns <input type="checkbox"/> Brownies <input type="checkbox"/> Cookies <input type="checkbox"/> Cupcakes <input type="checkbox"/> Donuts / Danish <input type="checkbox"/> English Muffins <input type="checkbox"/> Muffins <input type="checkbox"/> Pies <p><b>DELI</b></p> <input type="checkbox"/> Sides <input type="checkbox"/> Cheese <input type="checkbox"/> Chicken <input type="checkbox"/> Dips <input type="checkbox"/> Lunch Meats <input type="checkbox"/> Salads <input type="checkbox"/> Sandwiches	<p><b>MEAT &amp; SEAFOOD</b></p> <input type="checkbox"/> Bacon / Pork / Ham <input type="checkbox"/> Beef <input type="checkbox"/> Chicken <input type="checkbox"/> Lunch Meats <input type="checkbox"/> Fish / Seafood <input type="checkbox"/> Hot Dogs / Sausage <input type="checkbox"/> Turkey <p><b>FROZEN</b></p> <input type="checkbox"/> Bagels <input type="checkbox"/> Desserts <input type="checkbox"/> Dinners <input type="checkbox"/> Fish Sticks <input type="checkbox"/> Ice Cream <input type="checkbox"/> Meat <input type="checkbox"/> Pizza <input type="checkbox"/> Potatoes <input type="checkbox"/> Vegetables <input type="checkbox"/> Waffles <input type="checkbox"/> Whipped Cream <p><b>DAIRY</b></p> <input type="checkbox"/> Bagels <input type="checkbox"/> Biscuits <input type="checkbox"/> Butter / Margarine <input type="checkbox"/> Cheese – Sliced <input type="checkbox"/> Shredded <input type="checkbox"/> Chip Dip <input type="checkbox"/> Cottage Cheese <input type="checkbox"/> Cream Cheese <input type="checkbox"/> Eggs / Substitute <input type="checkbox"/> English Muffins <input type="checkbox"/> Milk <input type="checkbox"/> Sour Cream <input type="checkbox"/> Yogurt <p><b>SNACKS</b></p> <input type="checkbox"/> Candy <input type="checkbox"/> Chips / Pretzels <input type="checkbox"/> Crackers <input type="checkbox"/> Cookies <input type="checkbox"/> Nuts <input type="checkbox"/> Popcorn	<p><b>GROCERY</b></p> <input type="checkbox"/> BBQ Sauce <input type="checkbox"/> Cereal <input type="checkbox"/> Beans / Lentils <input type="checkbox"/> Jelly / Jam <input type="checkbox"/> Ketchup / Mustard <input type="checkbox"/> Mac & Cheese <input type="checkbox"/> Mayonnaise <input type="checkbox"/> Pasta / Noodles <input type="checkbox"/> Peanut Butter <input type="checkbox"/> Pickles / Olives <input type="checkbox"/> Rice <input type="checkbox"/> Salsa <input type="checkbox"/> Salad Dressing <input type="checkbox"/> Sauces <input type="checkbox"/> Syrup <p><b>BAKING</b></p> <input type="checkbox"/> Baking Mix <input type="checkbox"/> Baking Powder <input type="checkbox"/> Baking Soda <input type="checkbox"/> Cake Mix <input type="checkbox"/> Chocolate Chips <input type="checkbox"/> Cocoa <input type="checkbox"/> Flour <input type="checkbox"/> Gelatin / Pudding <input type="checkbox"/> Non-Stick Spray <input type="checkbox"/> Nuts <input type="checkbox"/> Oil / Shortening <input type="checkbox"/> Pancake Mix <input type="checkbox"/> Raisins <input type="checkbox"/> Salt / Pepper <input type="checkbox"/> Spices / Extracts <input type="checkbox"/> Sugar <p><b>BEVERAGES</b></p> <input type="checkbox"/> Beer / Wine <input type="checkbox"/> Packaged Liquor <input type="checkbox"/> Bottled Water <input type="checkbox"/> Coffee / Tea <input type="checkbox"/> Juice <input type="checkbox"/> Drink Mixes <input type="checkbox"/> Soft Drinks	<p><b>CANNED</b></p> <input type="checkbox"/> Apple Sauce <input type="checkbox"/> Baked Beans <input type="checkbox"/> Canned Fruit <input type="checkbox"/> Canned Meat <input type="checkbox"/> Juice <input type="checkbox"/> Pasta <input type="checkbox"/> Sauces <input type="checkbox"/> Soup / Chili <input type="checkbox"/> Spaghetti Sauce <input type="checkbox"/> Tomatoes / Paste <input type="checkbox"/> Tuna <input type="checkbox"/> Vegetables <p><b>BABY</b></p> <input type="checkbox"/> Baby Food <input type="checkbox"/> Diapers <input type="checkbox"/> Formula <input type="checkbox"/> Lotion / Shampoo <input type="checkbox"/> Wash / Wipes <p><b>PETS</b></p> <input type="checkbox"/> Cat Food <input type="checkbox"/> Cat Litter <input type="checkbox"/> Dog Food <input type="checkbox"/> Treats <p><b>PAPER GOODS</b></p> <input type="checkbox"/> Aluminum Foil <input type="checkbox"/> Bags – Trash / Storage <input type="checkbox"/> Bath Tissue <input type="checkbox"/> Facial Tissue <input type="checkbox"/> Napkins <input type="checkbox"/> Paper Plates <input type="checkbox"/> Paper Towel <input type="checkbox"/> Plastic Silverware <input type="checkbox"/> Plastic Wrap <input type="checkbox"/> Wax Paper <p><b>LAUNDRY</b></p> <input type="checkbox"/> Bleach <input type="checkbox"/> Detergent <input type="checkbox"/> Fabric Softener <input type="checkbox"/> Stain Remover	<p><b>CLEANING</b></p> <input type="checkbox"/> Air Fresheners <input type="checkbox"/> Ammonia <input type="checkbox"/> Bathroom Cleaner <input type="checkbox"/> Dish Detergent <input type="checkbox"/> Floor Cleaner <input type="checkbox"/> Furniture Polish <input type="checkbox"/> Glass Cleaner <input type="checkbox"/> Kitchen Cleaner <input type="checkbox"/> Scouring Pads <p><b>HEALTH &amp; BEAUTY</b></p> <input type="checkbox"/> Allergy <input type="checkbox"/> Antacids <input type="checkbox"/> Bandages <input type="checkbox"/> Cold / Flu / Sinus <input type="checkbox"/> Cotton Swabs / Balls <input type="checkbox"/> Deodorant <input type="checkbox"/> Feminine Products <input type="checkbox"/> Hair Gel / Spray <input type="checkbox"/> Pain Reliever <input type="checkbox"/> Razors <input type="checkbox"/> Shampoo / Cond. <input type="checkbox"/> Shaving Cream <input type="checkbox"/> Soap – Bar / Liquid <input type="checkbox"/> Tooth Brush / Paste <input type="checkbox"/> Vitamins <p><b>NON-FOOD</b></p> <input type="checkbox"/> Batteries <input type="checkbox"/> Ice <input type="checkbox"/> Light Bulbs <input type="checkbox"/> Lotto / Lottery <input type="checkbox"/> Stamps <p><b>MISCELLANEOUS</b></p> <hr/> <hr/> <hr/> <hr/> <hr/>
---	---	---	--	--